



St Leonard's College
An education for life.

Cocurriculum Handbook 2024





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Introduction

The cocurricular program at St Leonard's College supports students to gain a sense of their place in the world and how they can make meaningful contributions to society. Every activity is carefully and considerately designed to further each individual's intellectual, personal, physical, social and emotional growth and development.

St Leonard's College provides a comprehensive cocurricular program as an integral part of our broad educational offering. A wide variety of activities are offered to enable students to develop interests and skills that will enrich their lives now and into the future.



Sally Northcroft
Director of Cocurriculum



Cocurriculum Activities Summary

Groups, Activities and Competitions

- Art (Years 3 and 4)
- Australian Computational & Linguistics Olympiad (OzClo) (Years 9 to 12)
- Bicycle Maintenance Group (Years 7 to 9)
- Board Games (Prep to Year 4)
- Brain STEM Innovation Challenge (Years 7 to 9)
- Chess (Years 3 to 12)
- Chinese Board Games (Years 7 to 12)
- Computational and Algorithmic Thinking Competition (Years 9 to 12)
- Construction Group (Prep to Year 4)
- da Vinci Decathlon (Years 7 to 10)
- Debating (Years 5 to 12)
- DigiSTEM (Years 5 to 12)
- Duke of Edinburgh Award (Years 9 to 12)
- Environmental Action Group (Years 3 to 12)
- Ethics Olympiad (Years 6 to 12)
- French (Years 10 to 12)
- Future Problem Solving (Years 6 to 10)
- Gardening and Sustainability Group (Prep to Year 4)
- Hama Beads (Prep to Year 4)
- House-based Competitions (Prep to Year 12)
- Informatics (Years 5 to 12)
- Junior School Running and Fitness (Years 2 to 4)
- Lego Masters (Prep to Year 4)
- Minecraft EDU (Years 3 and 4)
- Model United Nations/EVATT (Years 9 to 12)
- Mooting (Years 10 to 12)
- Noble Park English Language School Activity (Years 11 & 12)
- Public Speaking (Years 4 to 12)
- Robotics (Prep to Year 4)
- Science Masterclass (Years 7 and 8)

- Social Action Council (Years 4 to 12)
- Speech and Drama Lessons (Years 3 to 12)
- Stop Motion Animation (Years 3 and 4)
- Student Literary Journal (Years 10 to 12)
- Tournament of Minds (Years 5 to 8)

Club Sport

Requires membership and/or participation fee

- Basketball (Years 1 to 12)
- Cheer Sports (Year 1 to 12)
- Dance (Year 1 to 12)
- Gymnastics (Years 2 to 12)
- Interschool Equestrian (Years 7 to 12)
- Interschool Golf (Years 7 to 12)
- Interschool Sailing (Years 7 to 12)
- Interschool Snowsports Competition (Prep to Year 12)
- Kelly Sports (Prep to Year 4)
- Netball (Years 3 to 12)
- Running and Fitness (Years 5 to 12)
- Sport Aerobics (Prep to Year 12)
- Strength and Conditioning (Years 7 to 12)
- Swimming (Prep to Year 12)
- Taekwondo (Years 2 to 12)

Outdoor Education

- Overnight Year Level Core Programs (Years 2 to 10)

Recreational Camps

Requires additional participation fee

- Bushwalking Camps (Years 10 to 12)
- Ibis Adventure Camps (Years 5 to 7)
- Mountain Biking Camps (Years 7 to 12)
- Snowsports Camps (Years 7 to 12)

Interschool Sport (ACS and CIPSSA)

- Athletics (Years 3 to 12)
- Australian Rules Football (Years 7 to 12)
- Australian Rules Football 9s (Years 5 and 6)
- Badminton (Years 7 to 12)
- Basketball (Years 5 to 12)
- Cricket (Years 7 to 12)
- Cross Country (Years 3 to 12)
- Futsal (Years 10 to 12)
- Hockey (Years 5 to 12)
- Indoor Cricket (Years 5 and 6)
- Netball (Years 5 to 12)
- Soccer (Years 5 to 12)
- Sofcrosse (Years 5 and 6)
- Softball (Years 5 to 12)
- Swimming (Years 3 to 12)
- Table Tennis (Years 5 to 12)
- Tennis (Years 5 to 12)
- Touch Football (Years 5 to 12)
- Volleyball (Years 5 to 12)

St Leonard's College - Swimming Programme

- Adult Fitness Squad (18+ Years Old)
- Club-based Squad Training: Fitness and Competition (Years 3 to 12)
- Learn to Swim Programme (ELC to Year 12)

Visual Arts

- Ceramics (Years 8 to 12)
- Drawing – Still Life and Portraiture (Years 9 to 12)
- Exhibitions (ELC to Year 12)
- Figure Drawing (Years 10 to 12)
- Open Studio (Years 5 to 12)

Music

- Bands Program (Years 5 to 12)
 - 3 Open Bands
 - 2 Auditioned Percussion Ensembles
- Chamber and Small Ensembles (Years 5 to 12)
 - String Quartets
 - Piano Trios
 - Brass Quintets
 - Saxophone Quartets
 - Flute Ensemble
 - Clarinet Ensemble
- Choral Program (Prep to Year 12)
 - 5 Open Choirs
 - 3 Auditioned Choirs
- Jazz and Contemporary Program (Years 6 to 12)
 - 2 Open Jazz Combos
 - 3 Auditioned Jazz Bands
 - 1 Auditioned Jazz Vocal Ensemble
 - 3 Open Guitar Ensembles
- Orchestra Program (Prep to Year 12)
 - 1 Symphony Orchestra
 - 3 Open String Orchestras
 - 1 Auditioned String Orchestra
- Private Lessons (Prep to Year 12)

Performing Arts - The Hart Theatre Company

- Backstage Crew (Years 7 to 12)
- Cast/Ensemble (Years 5 to 12)
- Hair and Makeup Crew (Years 7 to 12)
- Orchestra for Musicals (Years 6 to 12)
- Tech Crew (Years 5 to 12)

Sport

Interschool Competitions

Sport plays an important role in the life of a St Leonard's College student. Participation in sport not only contributes to physical health and fitness, but also provides opportunities for students to build new friendships, extend their potential and unearth new passions.

Our compulsory sport program offers something for everyone. Regardless of their ability or performance level, our students have the opportunity to participate, challenge themselves, and achieve their best. Our facilities and coaching staff ensure that wherever their interests lie, each student's enthusiasm and dedication is supported and nurtured. Success in our sports program is determined when students develop a life-long love of participation in sport, whereby they continue playing and being physically active in whatever sport or activity they choose.

Prep to Year 4

Students from Prep to Year 4 play modified sports and team games designed to develop teamwork, motor skills, confidence and commitment. House sports carnivals in a variety of sports, including Swimming, Track and Field and Athletics encourage all students from Year 3 to try these sports in a friendly, inclusive and spirited environment. Based on their performance at these carnivals, selected students are invited to compete in The South Yarra District Sports Association (SYDSA), interschools competition in Swimming, Athletics and Cross Country carnivals. Students can progress through the district, regional and state levels of these carnivals based on their performances.



Years 5 and 6

Sport participation is compulsory from Years 5 to 11. In Years 5 and 6 students compete in a range of sports in the Coeducational Independent Primary Schools Sports Association (CIPSSA). House sports carnivals in Swimming, Athletics and Cross Country give students the opportunity to be selected and are invited to compete in The South Yarra District Sports Association (SYDSA), interschools competition in these sports. Students can progress through the district, regional and state levels of these carnivals based on their performances. Students will also be given an opportunity to learn about other sporting activities not traditionally offered in schools such as Cheer, Sailing, Fencing, Squash, Taekwondo and Water Polo.

Sport afternoons are held every Friday and the CIPSSA Lightning Premierships are held twice per term. Students play in a round robin competition in their selected/chosen team sport for the whole day.

Years 7 to 12

Sport participation is compulsory from Years 5 to 11. Students in Years 7 to 12 represent the College in the Association of Coeducational Schools (ACS) against the following schools:

- Loyola College
- Overnewton Anglican Community College
- St Michael's Grammar School
- Westbourne Grammar School
- St Aloysius College

After trials and allocating an adequate number of students to teams to ensure a safe and rewarding competition, students are placed in a specific sport team. If there is an opportunity for students to move up from a lower graded team to a higher graded team, they will be notified. Students also participate in House based sports carnivals (Swimming, Athletics and Cross Country).

It is expected that students are available for all training and scheduled fixtures. If they are injured, they must attend unless a note is provided from a parent or guardian requesting they be excused due to their injury or illness.

Students are expected to attend sport on the following afternoons:

Tuesday – Year 7

Wednesday – Years 10 to 12

Thursday – Years 8 and 9

When playing at a College 'home' venue, students can anticipate a return to the College at approximately 4:30pm. For all 'away' games, students should expect a 5:30pm return. On training days, students will finish by 3.35pm.

Outdoor Education

Students from Years 3 to 10 participate in a series of sequential and integrated outdoor education programs. Outdoor and environmental activities are pivotal to our commitment to educate the whole person, and create significant personal development opportunities for students. The program fosters the development of the various interpersonal and technical skills and helps students develop an understanding of personal and environmental sustainability.

The College's own Camp Ibis is a beautiful camp on the Banksia Peninsula, located on the Gippsland Lakes, near Paynesville. Enjoying significant water frontage and providing the perfect setting for students to participate in sailing, canoeing, mountain biking, orienteering and initiative challenges, whilst providing shelter and tent accommodation to incentivise group and individual growth.

Years 3 and 4

Students in Year 3 extend their Outdoor Education journey with a two night camp for Year 3 in Anglesea. In Year 4, students will travel to Camp Ibis for the first time. Students will spend three days and two nights at the camp and participate in a range of activities that are designed to increase confidence in the outdoors, build teamwork and develop a greater understanding of themselves and the environment around them. Students will spend time on the water, riding bikes, learning about indigenous culture and challenging themselves to step out of their comfort zones.

Years 5 to 8

Students in Year 5 will spend three nights/four days whilst students in Year 6 and 7 will spend four nights/five days on camp. In Year 8 students will experience six nights/seven days based out of Camp Ibis. Activities may include sailing, canoeing, rafting, hiking, mountain biking, caving, initiative challenges, team games and learning about local flora, fauna and Indigenous culture.



Years 9 and 10

Students will complete multi-day expeditions in various settings throughout Victoria. The focus moves to remote, mobile outdoor and experiential education, where students learn to become self-sufficient in a variety of settings. They experience the challenge of bushwalking, bush camping, cooking, navigating and caring for one another while living in small temporary communities. The Year 9 camp program incorporates a valuable component of the CUE (Community, Urban and Environment) program in the Environment domain. The journey currently takes place along sections of the Great South West Walk in the Portland/Glenelg area. The bushwalk venues through a variety of terrain and ecosystems. Students may also journey in canoes for a section of the program on the scenic Glenelg River.

The Year 10 hike is the culmination of the compulsory outdoor education program and takes the form of an alpine bushwalk through varied terrain with rewards of majestic views and swims in crystal clear mountain streams. It is usually held in the Howqua Valley area, utilising sections of the famous Australian Alpine Walking Track.

Our outdoor education program has been designed to expand on students' current knowledge so that they develop a better understanding of themselves, their capabilities, and how they can use their skills to further their leadership and communication abilities, and contribute to a healthy and sustainable future.



Duke of Edinburgh Award

Students from Years 9 to 12 can participate in the Duke of Edinburgh Award, a voluntary program that offers opportunities for recognition via involvement in service, skill, physical recreation and expedition activities.

Throughout the year, there are various opportunities for interested students to further their passion for the outdoors through extension programs and competitions. Programs are also offered during term breaks and may include activities such as rock climbing, snowsports, adventure camps, mountain biking and bushwalking.

Further information about Snowsports, Outdoor Education and the Outdoor Education Extension Program can be found on STL Link, the College Intranet.

Music

St Leonard's College cocurricular music program provides the opportunity for all students to be involved in our extensive array of ensembles. We offer all orchestral instruments as well as piano, voice and guitar. Private music lessons are an important part of a St Leonard's College education, and all students are encouraged to take advantage of this wonderful opportunity.

We offer core ensembles that are open to students who learn either at the College or outside school.

All students are encouraged to join one of our open choirs. Every student in the College can participate in our Choral Program. We also offer a wide range of orchestras, bands, chamber groups and jazz ensembles. All of these ensembles perform at a number of events throughout the year, including the term 2 Concert Series and the Annual Music Concert in term 3.

The focus of our ensemble program is to develop ensemble skills, intonation, and technique and to have fun whilst making great music. A strength of our program is how students have the opportunity to develop relationships with students outside their year level. These friendships are often maintained long after they leave the College.

A varied extension program is available to our more experienced musicians and includes auditioned choirs, jazz ensembles and chamber groups.

All students in Years 5 to 12 who learn an instrument (including voice) are required to participate in a core ensemble. We believe ensemble playing is a vital part of a rounded music education, as is the opportunity to perform and share music with others. Students who learn outside the College must be in a core ensemble to participate in an auditioned ensemble.

Rehearsals for music ensembles take place before school, at lunchtime and after school. A detailed rehearsal schedule is available on STL Link.

We look forward to welcoming all students to the Music School.





Performing Arts

The Hart Theatre Company

The performing arts have long been an integral and vibrant part of life at St Leonard's College. Our reputation in the community is one of excellence and participation, with our productions acknowledged with state and national awards and many of our Old Collegians pursuing successful careers in the entertainment, music, and theatre industries.

A significant number of theatre and musical theatre productions are staged each year by the College's own Hart Theatre Company. Students from Prep to Year 12 have the opportunity to perform in musicals and plays and get involved in the behind-the-scenes aspects of production. Each show is expertly led by a variety of staff who have extensive experience in theatre performance.

Our students are fortunate to have the added bonus of performing in our beautiful Leonardian Centre.

Private speech & drama lessons are also available and are scheduled during the school day.



Visual Arts

The Visual Arts cocurricular program presents opportunities for students to advance their creative endeavours in a variety of studio-based disciplines. Students from ELC to Year 12 have the opportunity to participate in a number of Visual Art activities. As enhancement to personal interests, these activities encourage student agency in the development of an independent learning program in both the selection of subject matter and specific art practices and styles.

The display of work is integral to the artistic process in considering how ideas can be expressed to an audience, as well as the associated wellbeing and growth in personal confidence felt when exhibiting in the public realm. Students are encouraged to exhibit their work in local and national art competitions as well as to make and collect for pleasure.

- Weekly after school sessions 3.45pm – 4.45pm
- One term commitment to a selected activity (8 weeks)
- Provision of required materials
- Students are encouraged to present their finished works in local and national community exhibitions and competitions such as The Young Archies and the annual Young People of Bayside Art Exhibition.



Groups, Activities and Competitions

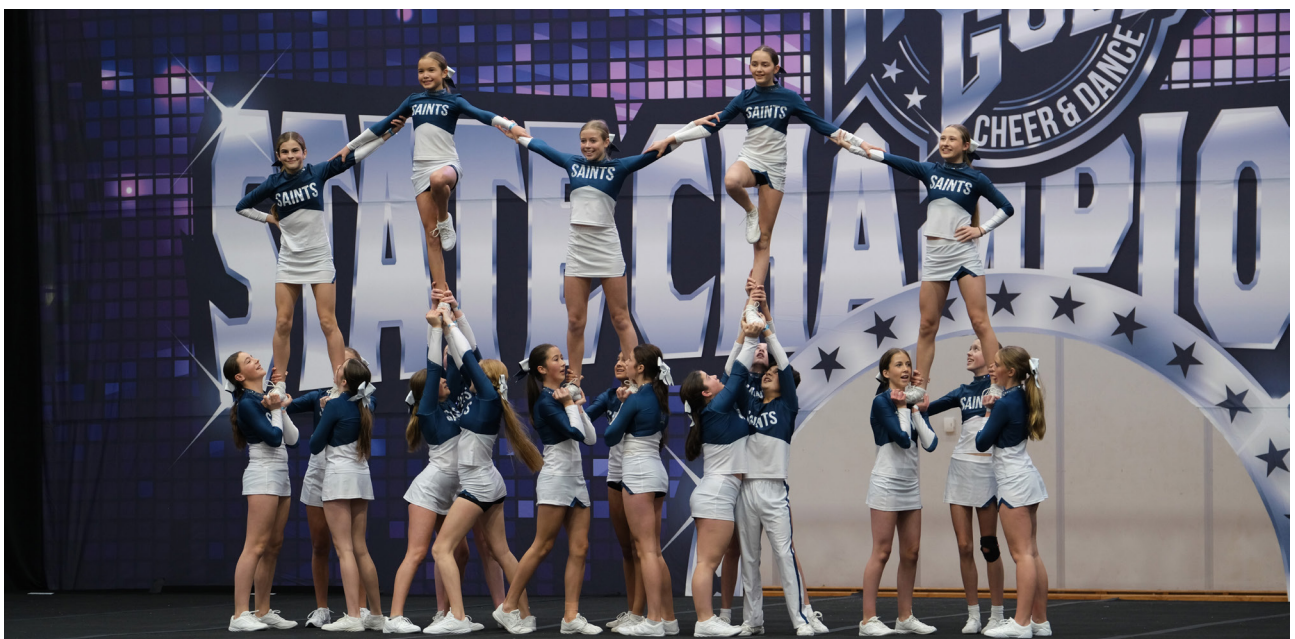
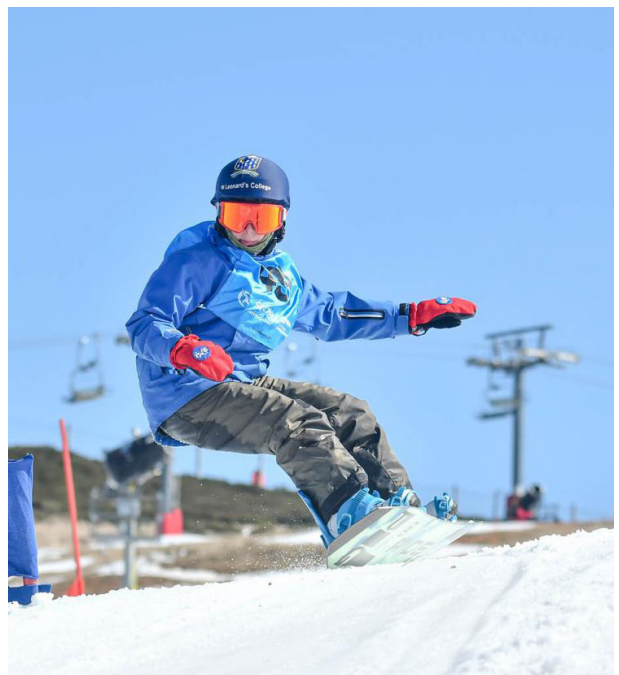
A wide variety of programs are offered to students that tap into their interests or curiosity from Prep to Year 12. These groups will usually meet once a week over a particular time period to work on a specific set of skills or to prepare for a variety of competitions. Students will be given the opportunity to sign up for activities whereby teachers will guide them through the skills needed for competitions at various times of the year. There are over 20 different activities and groups on offer, ranging from Engineering, Informatics and Science Masterclass to Debating & Public Speaking, Language Groups, Chess and Bike Maintenance Group.



Club Sports and Recreation Camps

Students who wish to extend their sporting and recreational interests have the option to join a variety of sport clubs run by the College. They can also attend one of the many recreation camps offered during the school holidays. The Swimming and Aesthetic Sports clubs offer the opportunity for students to take up squad swimming or Learn to Swim lessons whilst those interested in Cheer, Dance or Gymnastics can join our Aesthetic Sports club. Other club offerings include Snowsports, Sailing, Strength and Conditioning, Basketball and Netball clubs to name a few.

Recreation camps include Snowsports camp for Middle and Senior School students, Mountain Bike and Adventure camps as well as Hiking or Rafting camps, depending on the interest and location offerings.



Swimming

Learn to Swim

St Leonard's College Swim School is staffed by highly qualified professionals with extensive experience. We offer swimming lessons for swimmers from three years of age (Water Awareness) to Squad level. Focusing on Lifesaving Victoria, survival and stroke skills, our program is offered to swimmers over the age of three and aims to guide them in the development of their aquatic skills in preparation for future swimming skills.

Interested families should contact the Swimming Office on 9909 9454 to organise a swimming assessment to determine their child's swim level. A wide range of aquatics programs including adult fitness sessions is also available. Our Swim School is open to the members of the wider community, with priority bookings for St Leonard's College families.

Swim School Lessons

Monday – Thursday: 3.00pm – 6.00pm

Saturday: 9.00am – 12.00pm

For further information regarding assessments, lesson availability or general enquiries please contact the swim office 9909 9454 or email

swim.school@stleonards.vic.edu.au.



Swimming St Leonard's College Swimming Club

There are many opportunities to represent St Leonard's College Swimming Club in Swimming Victoria - sanctioned meets. Squad training and competitions are open to those who commit themselves to competitive swim training on a regular basis.

St Leonard's College Swimming Club is affiliated with Swimming Victoria and recognised by Swimming Australia. As a result, members will compete and represent St Leonard's College Swimming Club at local, state, and national meets.

Whilst the key benefits of membership relate to the development of our swimmers and their competition performance, other benefits also exist for younger swimmers and family members including access to special events, and invitations to encouragement meets.

For further information regarding assessments, lesson availability or general enquiries please contact the swim office at 9909 9454 or email swim.school@stleonards.vic.edu.au.



House System

All St Leonard's College students from Prep to Year 12 are members of a College House. In Junior School, students compete as part of their House in Athletics, House Music and other sporting and cocurricular competitions. From Years 5 to 12, annual Athletics, Cross Country and Swimming House carnivals are held as well as a range of competitions such as House Music, Debating, Chess and Dance Off. Students in Junior, Middle and Senior Schools are able to take leadership positions within their Houses.



Allen



Cullen



Forster



McMeekin



Munro



Newman



Our Houses

The first two Houses were Cullen House and Munro House, established when the school was located at Were Street, Brighton Beach. In 1955, the first full year at South Road, two more Houses were created as a result of increases in student numbers: School House (coloured white and centred on the boarding school), and Forster House. In 1960 School House was replaced by Allen House. Two new Houses – McMeekin and Newman – were introduced in 2007.

Allen House (Yellow)

Allen House is named in honour of Mr Ronald F Allen, member of College Council from 1948 to 1971, and Honorary Secretary and Treasurer until 1957. Mr Allen worked hard to promote the interests and growth of the College. This included the move from Were Street to South Road in 1954.

Cullen House (Green)

Cullen House was named in honour of Miss Rebecca M Cullen, who purchased the school in 1915, at which time it was conducted in St Leonard's Church Hall in Wolseley Grove. She moved the school to Were Street in 1930, gave it the motto 'Nulla Dies Sine Linea', introduced the uniform and crest, and guided the College through wartime, depression and an epidemic. Miss Cullen remained Owner/Principal until her retirement in 1936, and is generally acknowledged as the founder of St Leonard's Girls' College. Cullen was the first House to be introduced at the College.

Forster House (Red)

Mr Murray Forster, after whom Forster House was named, was instrumental in the acquisition of the College's current home on South Road in 1954. He was also the first Chairman of the College Council, a role in which he served for many years. He was a distinguished architect and designed many well-known Melbourne buildings.

McMeekin House (Purple)

Mrs Betty M McMeekin first joined the staff of St Leonard's Presbyterian Girls' College in 1958. She held many offices, including Upper School Coordinator, Senior Mistress, Vice Principal, and in 1980 served as Acting Principal. Mrs McMeekin was Deputy Principal of St Leonard's College when she retired at the end of 1983, having served the College continuously for 24 years. She played a pivotal role in the introduction and implementation of coeducation in 1972.

Munro House (Blue)

Munro House was named in honour of Miss Florence Munro who became Owner and Principal in 1937. When the Presbyterian Church purchased the school in 1946 it invited Miss Munro to continue as Principal, which she did for another three years. Miss Munro guided the school through the difficult years of the Second World War whilst dealing with two statewide polio epidemics. We acknowledge her resilience, dedication and leadership through challenging times in our College history.

Newman House (Aqua)

Newman House was named in honour of Mrs Una Newman who was a teacher at the College from 1959 to 1981. She became Head of Middle School in 1972 and was invaluable to the College becoming a coeducational institution at that time. Mrs Newman was a passionate, insightful and inspiring educator who has left a great legacy for us to follow.



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